**2019-2020 Montgomery County Community Resources**

**SHELTER**

**Family Promise of Montgomery County**

PO Box 692

Conroe, TX 77305

Ph. 936-441-8778 Main

[http://www.familypromiseofmc.org](http://www.familypromiseofmc.org/)

Services: 90-day housing program for homeless families, day care and food provided while in the program

**Montgomery County Women’s Center**

Ph. 936-441-7273~Metro 24 HOUR CRISIS HOTLINE

888-844-6289 ext. 280 Toll-free

[http://www.mcwctx.org](http://www.mcwctx.org/)

Services: Emergency shelter for victims of domestic violence

**Salvation Army**

304 Avenue E

Conroe, TX 77301

Ph. 936-760-2440 Main

<http://www.salvationarmy.org/>

Services:Assistance with food, shelter, utilities, disaster assistance, one-way bus tickets, new prescriptions, counseling

**UTILITIES**

**Society of St. Vincent De Paul, Sacred Heart**

109 North Frazier

Conroe, TX 77301

Ph. 936-539-1188 Main

[http://www.svdphouston.org](http://www.svdphouston.org/)

Services: Assistance with food, clothing, rent, utilities, medical

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304 Avenue E

Conroe, TX 77301

Ph. 936-760-2440 Main

<http://www.salvationarmy.org/>

Services: Assistance with food, shelter, utilities, disaster assistance, one-way bus tickets, new prescriptions, counseling

**Creative Outreach Ministries/Angelic Resale**

723 W. Davis

Conroe, TX 77301

Ph. 936-441-5433 Main

[http://www.creativeoutreach.com](http://www.creativeoutreach.com/)

Services: Provides food, clothing, and financial assistance for rent and utilities to those in need

**Crisis Assistance Center**

1022 McCall Ave

Conroe, TX 77301

Ph. 936-539-9211 Main

[www.cac-mctx.org](http://www.cac-mctx.org/)

Services: Assistance with rent, utilities, food, clothing, household items. Also provides assistance for fire victims. Job search and self-sufficiency case management available for adults. Tuesday-Friday from 8:30 AM-11:30, 1:00-4:00. Closed on Mondays.

**FOOD**

**Crisis Assistance Center**

1022 McCall Ave

Conroe, TX 77301

Ph. 936-539-9211 Main

[www.cac-mctx.org](http://www.cac-mctx.org/)

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**Texas Health and Human Services**

608 North Loop 336 East

Conroe, TX 77301.

Ph. 936-539-1161

[http://www.hhsc.state.tx.us](http://www.hhsc.state.tx.us/)

Services: Provides income assistance, medical assistance and social services to people meeting Federal and State eligibility guidelines. Temporary Assistance for Needy Families (TANF), Food Stamps (SNAPS) and Medical Assistance (Medicaid)

**Montgomery United Methodist Church**

22548 Hwy. 105 West

Montgomery, TX 77356

Ph. 936-597-6162

<https://www.mumctex.org/>

Services: Food pantry is available from 9:00-10:30 on the 2nd and 4th Monday and the preceding Saturday. A small application and driver’s license is required for proof of residency and to document the number of people living in your household.

**Lake Church**

1701 McCaleb Road

Montgomery, TX 77316

Ph. 936-588-4975

<https://www.lakechurch.com/>

Services: Food pantry is available from 9-11A.M. on the 1st and 3rd Saturday of the month. A small application and driver’s license is required for proof of residency and to document the number of people living in your household.

**West Conroe Baptist Church**

1855 Longmire Road

Conroe, TX 77304

Ph. 936-760-1911

<http://www.wcbc.us/>

Services: Food pantry is available every Wednesday from 10:00-1:00. The food distribution is located in the backlot…just follow the signs around.

**Also, 211 is a community helpline and crisis hotline that provides suicide prevention, crisis intervention, information, assessment, and referral to community services for people of all ages. Simply dial 2-1-1 for immediate assistance.**