

COVID-19 Safety Tips

Resources to Prevent Abuse



Risk Factors:



- Vulnerable victims -children, elderly, disabled- have limited access to others outside of home
- Isolation of victims due to stay-at-home orders
- Fear of exposure to coronavirus
- Increased stressors both outside the home and from within the home.

WARNING

Recognizing Signs of Abuse & Neglect:

- Outcries to abuse or neglect
- Displays signs of injury without a reasonable explanation or an explanation with injuries
- Becomes increasingly withdrawn from family and friends
- Appears fearful or unwilling to speak around a significant other or caregiver
- Appears hungry, dirty, unsupervised, fearful, or who becomes suddenly absent from appropriate situations
- Self-harm or attempts at suicide.
- Signs of increased or disproportionate stress by members of a household
- Unexplained inability to make significant contact with a child or elderly person (For example- Phone, video chat, etc.)



Helpful Resources:



IF EMERGENCY - CALL 911

- **Housing Resources:**
 - Montgomery County Housing Authority: (936) 441-5816
- **Food Resources:**
 - Montgomery County Food Bank: 936-271-8800 <https://mcfoodbank.org/>
- **Domestic Violence Resources:**
 - Montgomery County Women's Center 24 hour hotline: 936-441-7273 <https://mcwctx.org/>
 - National Domestic Violence Hotline: 800-799-7233 <https://thehotline.org>
 - National Teen Dating Violence Help: <https://loveisrespect.org> or Text **LOVEIS** to 22522
 - Texas Council on Family Violence: <https://tcfv.org/survivor-resources/>
- **Child Abuse Resources:**
 - Texas CPS Child Abuse Hotline: 800-252-5400 (Call 911 first if emergency, then CPS)
 - Children's Safe Harbor: (936) 756-4644 (Children's Safe Harbor is not a substitute for CPS or 911)
- **Elder Abuse Resources:**
 - Texas Adult Abuse Hotline: 800-252-5400

Brett Ligon, District Attorney
Montgomery County, Texas

207 West Phillips, 2nd Floor, Conroe, TX 77301, Ph: 936-539-7800